Parks, Recreation & Cultural Resources Advisory Board

July 7, 2016

Agenda Packet

Parks, Recreation & Cultural Resources Advisory Board

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PARKS, RECREATION & CULTURAL RESOURCES
ADVISORY BOARD
REGULAR MEETING
JULY 7, 2016, 7 P.M.
CITY COUNCIL CHAMBERS
231 W. EVERGREEN AVENUE, PALMER
www.cityofpalmer.org

CHAIR	Meggie Aube-Trammell
VICE CHAIR	Jan Newman
BOARD MEMBER	Stephanie Allen
BOARD MEMBER	Jo Ehmann
BOARD MEMBER	Dot Helm
BOARD MEMBER	Fran Seager-Boss
BOARD MEMBER	*VACANT*

AGENDA

A. Call to Order

B. Roll Call

C. Pledge of Allegiance

D. Approval of Agenda

E. Minutes of Previous Meetings
   1. Regular Meeting of June 2, 2016

F. Audience Participation

G. Reports

H. Unfinished Business

I. New Business
   1. Presentation of offer to maintain a portion of green space near the Arboretum from Saint Michael's
   2. Placement of four additional Dog Waste Stations on public property
   3. Report on status of signs designating park hours

J. Board Member Comments

K. Adjournment

Minutes

June 2, 2016

PARKS, RECREATION & CULTURAL RESOURCES ADVISORY BOARD
CITY OF PALMER, ALASKA
REGULAR MEETING
THURSDAY, JUNE 2, 2016
7:00 P.M. - COUNCIL CHAMBERS

A. CALL TO ORDER:
The regular meeting of the City of Palmer Parks, Recreation & Cultural Resources Advisory Board was called to order by Vice Chair Jan Newman at 7:00 p.m.

B. ROLL CALL:
Present and constituting a quorum were Board Members:
Jan Newman, Vice Chair
Dot Helm
Meggie Aube-Trammell
Fran Seager-Boss
Excused absence(s):
Stephanie Allen
Jo Ehmann
Also present were:
Sandra Garley, Community Development Director
Pam Whitehead, Recording Secretary

C. PLEDGE OF ALLEGIANCE: led by Board Member Helm.

D. APPROVAL OF AGENDA:
The agenda was approved as amended. New Business speaker presentations were moved forward to immediately follow Minutes approval out of time courtesy to the speakers. There were no objections. It was noted that Darrell Lewis, Historian, was out of town and his presentation would have to be postponed.

E. MINUTES OF PREVIOUS MEETING:
The minutes of the **May 5, 2016** Regular Meeting were approved as presented.

I. NEW BUSINESS: [per amended agenda]

1. Presentation by Darrell Lewis, Historian with National Park Service on the Matanuska Colony Historic Landmark District. – Postponed.

2. Presentation on new skateboard park design by Max Schillinger.

Max Schillinger, Owner, All Points North Engineering and Surveying, explained how he became involved in revamping the Palmer Skate Park. He passed out a Preliminary Site Plan Overview and explained Key items 1-8, emphasizing that these are just his suggestions to begin the conversation. He discussed options, including moving the skate ramps to a new location and install basketball hoops, parking lot upgrades, new

concrete skate park including benches and landscaping for non-skaters/parents, privacy fencing for neighbors, additional parking capacity, new multiuse trail/landscaping, incorporating development suggested by Grow Palmer, and installing connective sidewalks. He cautioned against using metal ramps as opposed to concrete for safety reasons.

Questions and discussion followed concerning integrating this project with others, connecting it with Frankie Barker's walkability study project, that it would be beneficial to get a landscape architect involved, and perhaps this would be a good project for the French landscape interns this summer. Further discussion ensued with regard to funding, grants, community participation, and donation possibilities. Mr. Schillinger offered to donate some of his services and will find out what it would cost to bring in a skateboard design consultant; Ms. Garley will check with the Railroad.

3. Election of new Chair or Vice Chair.

Following nomination, Meggie Aube-Trammell was unanimously duly elected as Chair to serve out the ensuing term.

Ms. Aube-Trammell informed she will have to miss the July board meeting but would be able to serve thereafter. There were no objections.

Jan Newman will continue to serve as Vice Chair.

4. Discussion on establishing a closing time for parks.

Director Garley directed attention to memo in the packet (p. 15), explaining that she is looking for guidance on posting closure times for city parks and recreational facilities, that they do not all have signs posting hours of operation. A couple of parks have signs that say "closed 11 PM – 6 AM" while the tennis courts are posted as closed "10 PM to 8 AM." As use of these facilities increases, it is important to have hours posted that are consistent. Based on current code language, suggestions include: 1) posting both a closing time and quiet hours, and 2) information on the city curfew. See example signs in the packet (p. 16).

Board member Newman suggested: "Quiet Hours from 10 PM to 6 AM, Park Closed from 11 PM to 6 AM." There were no objections.

Board members were surprised to learn that Palmer had a teen under 18 curfew. The consensus of the Board was that the curfew sign is not representative of our community.

Board Member Sager-Boss moved, seconded by **Board Member Newman**, to recommend posting the Quiet Hours/Park Closed sign, but do not recommend posting the Curfew for Minors sign.
VOTE ON MOTION: Carried Unanimously.
[Newman, Helm, Aube-Trammell, Seager-Boss]

F. AUDIENCE PARTICIPATION: None.

G. REPORTS:

1. 2016 Annual Work Plan: [See update in packet]
   Director Garley highlighted:
   - Arboretum - 17-plus volunteers at the Community Clean-up Day; new Swiss Stone Pine (donated by Dr. Don Dinkel) was planted on May 15. Dr. Dinkel was a student that worked for Dr. Babb when the Arboretum was started and he planted many of the trees;
   - Donation and Memorial Policy – Vice Chair Newman presented the Donation & Memorial Policy to the City Council on May 24. Brief discussion ensued. Ms. Garley will work with the Clerk to schedule a special meeting with the Board on this topic.
   - Bicycle Rack Competition – Need to move forward with contacting businesses. Ms. Garley will draft a handout to give to businesses.
   - Dedication ceremony for Sgt. Kurtis Arcala-Berberich Soccer Fields – 50-plus members of the family and community were in attendance at the dedication ceremony on May 14. Public Works erected a 20-foot flag pole and installed the dedication sign. It was a beautiful day and ceremony. (See photo in packet)

H. UNFINISHED BUSINESS: None.

J. BOARD MEMBER COMMENTS:

There was brief discussion regarding the livability fact sheets included in the packet re sidewalks.

Discussion suggesting project ideas for French interns:
- Frisbee golf course at Palmer High School;
- Story map;
- Visitor parking/walking map of features of retail area; concept designs for improvement;
- Signage and trail work; improving urban trails and paths; connectivity;
- Help implement Arboretum projects;
- Visitor brochures.

Board Member Newman commented with regard to the EPA Grant awarded to Grow Palmer. They are working on a workshop "Local Foods, Local Places" to be held at the Depot on July 26-27. One of the focus points will be developing a map (and possible an app) where people can look up where they can find local food, a CSA, a farm stand, where they can visit a farm and who to get there by foot, bike, or car. There was brief further discussion. She invited all board members to participate in the workshop as well as Ms. Garley. Ms. Newman also commented with regard to the Mural "Deep Roots, Strong Communities" recently taken down from the Salvation Army building and asked for suggestions as to where to re-hang it. City Hall was a suggestion. Ms. Garley will

and Ms. Newman discuss with the City Manager.

Board Member Sager-Boss discussed the National Historic Landmark that is being proposed for the Historic District. She had the opportunity to tour the district with members of the National Park Service, noticing that there have been additional changes. She further described some of the changes and discussed whether the buildings would remain qualified for national register status. They are still waiting to hear on the nomination which she does not expect to happen until this winter.

Board Member Helm inquired about contact information for Clarissa Chasse, a girl scout who received an award for the Palmer brochure she submitted.

Board Member Newman discussed her interest in doing whatever is within the Board's capabilities to help preserve the Palmer Water Tower. Further discussion ensued. It is understood that the tower is privately owned. There was consensus of the Board to inquire of or work with the owner on a way to assure its preservation.

K. ADJOURNMENT:

There being no further business, the meeting was adjourned at 8:27 p.m.

Jan Newman, Vice Chair

Sandra Garley, Community Development Director

Reports

PARKS, RECREATION & CULTURAL RESOURCES ADVISORY BOARD

2016 Annual Work Plan – July Meeting

2016 Activity/Project	Date Added to Work Plan	Budget Required	Staff Support Required	Project Team	Council Action Required	Status
Adopt-A-Park	01/07/16		SG, Public Works	SA		
Arboretum	01/07/16		SG, Public Works	JN, DH, HA		17 volunteers were at Community clean-up Day for Arboretum is May 14. Waiting for MEA Tree crew to chip and trim dead limbs. New Swiss Stone Pine planted on May 15.
Comprehensive signs (wayfinding, gateways, parks, trails &Interpretive)	01/07/16			DH, JN		Resolution 16-001 drafted for 3/3/16 mtg
Complete Donation & Memorial Policy		-	SG	JN & MA-T	Yes	Jan Newman presented at May 24 Council Agenda.
Bicycle rack competition	12/3/15		SG	MA, SA solicit interest from community businesses & organizations		Presented idea to city council – they are supportive. Need to move forward with contacting businesses.
Recreational trails & parks maps	12/3/15		SG	DH, SA		Work with new digital map BED is producing; Should consider being part of MSB walkability

SA – Stephanie Allen MA-T Meggie Aube-Trammell JE – Jo Ehmann DH – Dot Helm JN – Jan Newman F-SB Fran Seager-Boss

			project - a May 5 agenda item.
Find partners for forum on economic impacts of recreational facilities and trails		SG	Palmer Board of Economic Development has agreed to support concept;
Potential new park near to MTA Events Center		SG working with PJMS to find Saturday date for a community mtg	Schedule neighborhood meeting at PJMS this spring
Dedication ceremony for Sgt. Kurtis Arcala-Berberich Soccer fields	9/10/15	SG back on agenda MARCH 2016	50+ members of the family and community were at the dedication on May 14. New flag pole & sign.
Margie L. Gabrielle memorial bench/table along Shane Woods trail	9/10/15		Staci Manier (donor) is waiting for standards & policy criteria

Ongoing Responsibilities:

The Parks, Recreation & Cultural Resources Advisory Board was created to develop, support and advise the city council on all matters pertaining to city parks, recreation and cultural programs and projects, to provide input and recommendations on issues relating to placement of memorials and plaques on city property and on the annual budget for city parks, recreation and cultural programs and projects.

Other Work Plan ideas considered for current year or future years:

Expand existing skateboard park or create additional skateboard park

Sandra Garley

From: Angel, Emily S (DNR) <emily.angel@alaska.gov>
Sent: Friday, June 24, 2016 12:11 PM
To: Ott, Alvin G (DFG); Alex Peura (alexp@kgbak.us); Amber Al-Haddad (aal-haddad@wrangell.com); Andrew Carmichael; ASP Chief of Ops, Claire LeClair; Becky Savo (bsavo@bbbak.us); Brad Muir (bmuir@blm.gov); Bureau of Land Management Arctic (arctic@blm.gov); Caroll Rushmore (ecodev@wrangell.com); Chip Leeper (cleeper@nomealaska.org); Harrison, Thomas D (DNR); City Borough of Yakutat; City of Anderson; City of Barrow; City of Bethel (jsargent@cityofbethel.net); City of Bettles; City of Craig; City of Dillingham; City of Galena; City of Hoonah; Dukes, Sonya (GOV sponsored); City of Ketchikan; City of Koyukuk; City of McGrath; Jason Mayrand; City of Nunapitchuk; City of Sand Point; City of Seldovia; City of St. George; City of St. Mary's; City of Thorne Bay; City of Togiak; City of Unalaska; City of Valdez; City of Wasilla; Clarence Wadkins (clarence_wadkins@nps.gov); Cox, Clark A (DNR); Corey Gronn (cgronn@city.kodiak.ak.us); Debbie Steen (debbie_steen@fws.gov); Denise Michels (dmichels@nomealaska.org); Denton Hamby (dhamby@blm.gov); Fairbanks North Star Borough; Hugh Leslie; Blackwell, Jack D (DNR); Proulx, Jeanne A (DNR); Jessica Simpson (jsimpson@alaskatia.org); John Morris (John_Morris@nps.gov); Josh Durand (durandja@muni.org); Julie Cozzi; Karin Sturdy (ksturdy@cityofseward.net); Kate Thomas (kthomas@wrangell.com); Kelly Chase; Kelly Egger (kegger@blm.gov); Kirk Duncan (kirk.duncan@juneau.org); Lynne Brandon (parks@cityofsitka.com); Metlakatla Indian Community; Michelle Ethun (methun@blm.gov); Mike Bork (mbork@fnsb.us); Eberhardt, Michael W (DNR); Mike Illg (millg@ci.homer.ak.us); Milton Fusselman (Sitka) (mfusselman@fs.fed.us); Misty Sea Fitzpatrick (coffmancove@ccalaska.com); Sheila.Burke@north-slope.org; Ludwig, Brooks A (DNR); Patrica "Pat" White (pwhite@ci.delta-junction.ak.us); Kroes, Preston M (DNR); Rick Koch; Edwardson, Rob H (DNR); Sandra Garley; Shannon Miller (alaskacampgrounds@gmail.com); Susie Herschleb (bidarki@cityofcordova.net); Tom Atkinson (TAtkinson@Kotzebue.org); Taube, Tom (DFG); Biessel, Wayne A (DNR)
Cc: Ayers, Jean M (DNR)
Subject: Draft SCORP online for public comment!

Interested in giving input on how federal funds are prioritized for outdoor recreation grants in Alaska? The Division of Parks and Outdoor Recreation is seeking public comments on the Statewide Comprehensive Outdoor Recreation Plan, which is updated periodically to maintain statewide eligibility for federal Land and Water Conservation Fund grants.

The revised draft plan is available at http://dnr.alaska.gov/parks/scorp and comments will be accepted through August 5, 2016. The plan helps establish funding priorities for Land and Water Conservation grants through the next five years by measuring the supply and demand for public outdoor recreation resources throughout Alaska.

For more information, go to http://dnr.alaska.gov/parks/grants/lwcf.htm or contact the LWCF grants administrator at jean.ayers@alaska.gov or 907-269-8694.

Emily Angel
Interpretation and Education Program Manager
Div. of Parks and Outdoor Recreation
p 907.269.8742 / f 907.269.8917

New Business

CITY OF PALMER
PARKS, RECREATION & CULTURAL RESOURCES
ADVISORY BOARD
INFORMATION MEMORANDUM 16-006

SUBJECT: Discuss Offer from Saint Michaels

AGENDA OF: July 7, 2016

Issue: The parishioners of Saint Michaels are interested in using approximately 250' x 150' of the green space near the Arboretum for activities such as picnics and a play area for children.

This would be a non-exclusive use and the space would remain available to all members of the public.

Saint Michaels proposes to clear, level and plant grass in this space and would be responsible for mowing once grass is established.

Recommendation: The Board should be prepared to discuss this offer on July 7 and be ready to move a recommendation to either allow or not allow this use forward to the City Council..

Saint Michael's Parish

432 E. Fireweed • Palmer, Alaska 99645 • (907) 745-3229
Fax (907) 746-7040

June 20, 2016

City of Palmer
Department of Community Development
Sandra Garley, Director
645 E. Cope Industrial Way
Palmer AK 99645

Dear Mrs. Garley:

Saint Michael Parish is intending to improve the City owned area adjacent to our parking lot to the South. The area is in black on the enclosed maps showing the Palmer Arboretum Green Space Concepts Plans.

The area we wish to improve by removing trees and brush, leveling, and planting grass will not exceed 250' wide by 150' deep. We will not plant bushes or trees. We intend this to be an area that we and the community can use for children to play, have picnics on and such low level activity.

We will maintain the improved area by regular mowing once grass is established and growing.

We do understand that the area remains the property of the City of Palmer and that the City has the right to change the use of the area at any time. We hope that any improvement we provide will work into the City plans for the Arboretum Green Space in the future.

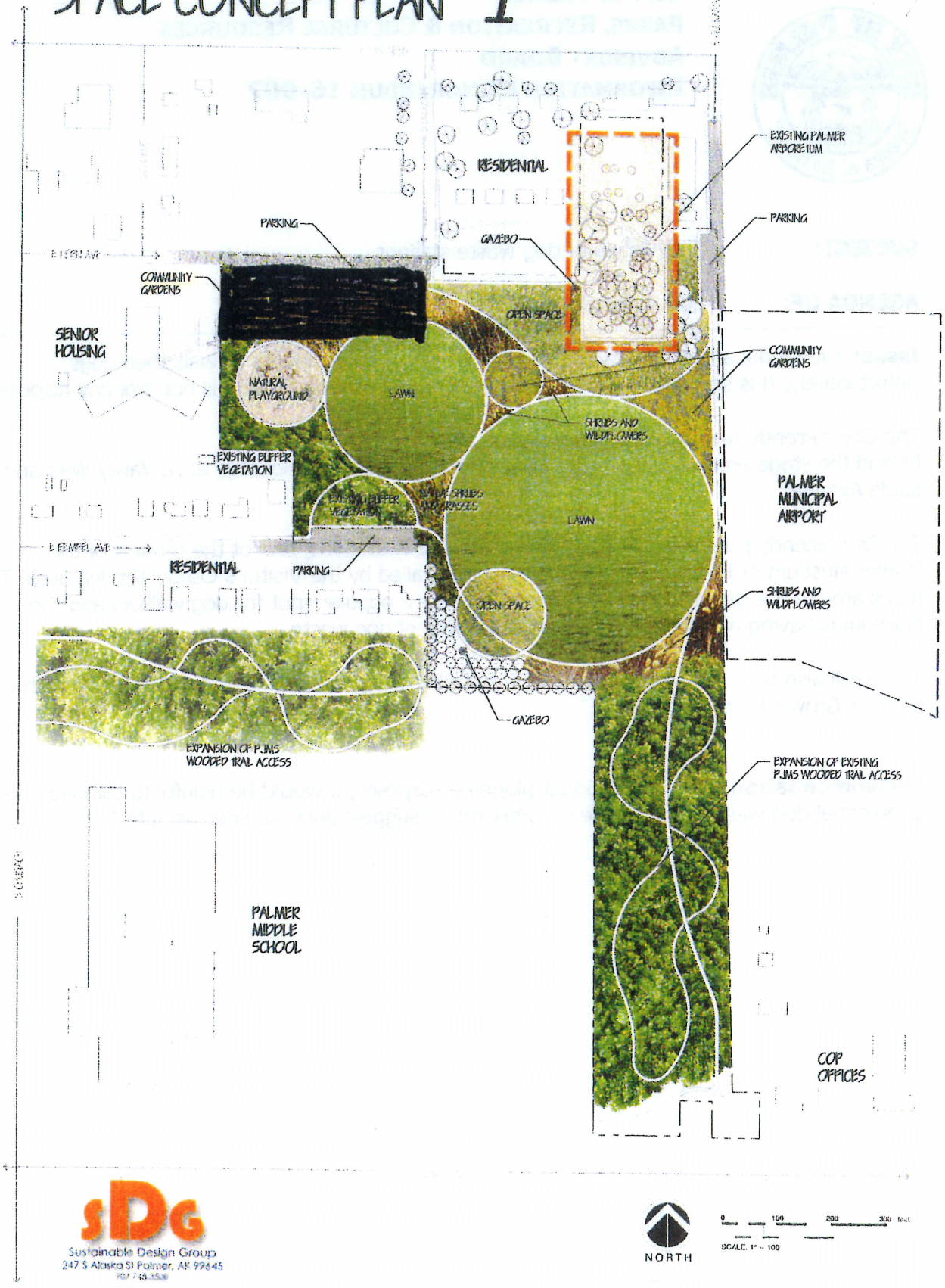
If you have any questions or guidance for us, please feel free to contact me.

May God Bless you and yours,

Fr. Jaime Mencias
Parochial Vicar
745-3229
frjaime@st-mikesparish.org

Enc.

PALMER ARBORETUM GREEN SPACE CONCEPT PLAN 1



sDg
Sustainable Design Group
247 S Alaska St Palmer, AK 99645
907 745 3500

CITY OF PALMER
PARKS, RECREATION & CULTURAL RESOURCES
ADVISORY BOARD
INFORMATION MEMORANDUM 16-007

SUBJECT: Installation of dog waste stations

AGENDA OF: July 7, 2016

Issue: City parks and open spaces are favorite places for residents to walk their dogs. Unfortunately, this sometimes causes a problem to others if dog waste is not properly disposed.

The City currently has two dog waste station sites:
Behind the stage area used by Friday Fling and at the trail head located at N. Valley Way and Eagle Avenue.

The City recently purchased four additional dog waste stations, and at the request of the Palmer Museum of History and Art, one will be installed by the Visitor's Center Garden area. The roads around the garden (and memorial forest) are a popular spot for dog walkers and the Museum is having a problem keeping the area free of dog waste.

There will also be a new dog waste station installed along the Shane Woods Trail just north of the new Grow Palmer Garden.

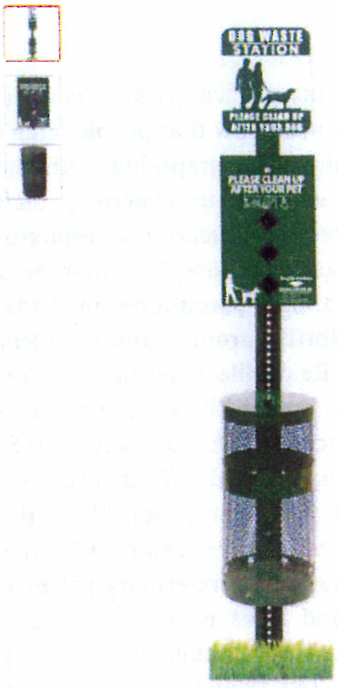
Recommendation: For future budget planning purposes, it would be helpful to compile a list of potential dog waste sites. Please be prepared to suggest possible sites on July 7.

Try Prime All dog waste station

Departments Your Amazon.com Today's Deals Gift Cards & Registry Hello. Sign in Your Account Try Prime Lists 0 Cart

Pet Supplies Dogs Cats Fish & Aquatics Small Animals Birds Reptiles Horses Top Deals

‹ Back to search results for "dog waste station"



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DOG WASTE STATION

by American Dog Waste Products

2 customer reviews

In Stock.

Ships from and sold by American Dog Waste Products (Pet Waste Stations and Pet Waste Bags).

- This Dog Waste Station is a professional grade product made for a commercial environment. Thousands of these EXACT stations are currently in use in Parks, Apartments, Condos, Home Owner Associations, Airpots, Marinas, Cemetaries, Campgrounds, RV Parks, Dog Parks, Vet Clinics and anywhere pets are permitted.
- Our Pet Waste Stations are aluminum and come with a powder coated steel 8'U-channel post. These Pet Waste Stations are NEW, SURPLUS inventory from one of the BIGGEST names in the industry, at almost half the price.
- All materials are aluminum, rust free, and a solid durable construction provides years of maintenance free operation. Our stations come standard with environmental friendly dog waste bags, which are the most sensible, economical and environmentally friendly choice. Each station comes with 400 FREE Waste Bags and 50 FREE Can Liners! Enviromentally friendly bags are best used within six to twelve months.

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In Stock. Sold by **American Dog Waste Products (Pet Waste Stations and Pet Waste Bags)**

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Ship to:

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300 Earth Friendly Dog Waste Bags, Primal Super Sturdy Poop Bags E...
157
$15.47

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Total price: $250.00

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Add both to List

- ☑ **This item:** DOG WASTE STATION $189.00
- ☑ DOG WASTE BAGS (2,000 ROLL BAGS) $61.00

Customers Who Viewed This Item Also Viewed

Our Dogs, Our Bodies, Ourselves

By Samantha Bartram

The obesity epidemic in the United States sadly is not confined to humans. According to the American Veterinary Medical Association (AVMA), almost 53 percent of dogs and 58 percent of cats in the United States are considered overweight or obese. It seems our furry friends are in as great a need of regular exercise as the almost 70 percent of U.S. adults diagnosed as overweight or obese.

Where those populations overlap, however, there is room for healthy improvements. Experts point to decreased blood pressure and more successful fitness outcomes among dog owners, versus those without a canine walking companion. Research published in the *Journal of Physical Activity and Health* showed dog owners were more likely to reach their fitness goals — meanwhile, researchers at Michigan State University found that dog owners are 34 percent more likely to fit in the recommended 150 minutes of walking per week than non-dog owners.

Pet Park Prescriptions

Park Prescriptions for humans — the practice of physicians prescribing time outdoors, often in local parks, as therapy for various ailments — is quickly catching on across the country. Doctors and other public health providers are taking note that parks exist in almost every neighborhood, are largely free to use and already feature the types of amenities that get people up and active, like walking and cycling trails. Now, veterinarians are beginning to catch on, melding existing research like that cited above with the convenient availability of local parks. "As a veterinarian, I know that people [aren't the only ones] grappling with the consequences of underactivity, such as diabetes and heart and respiratory disease," Dr. Joseph Kinnarney, a mixed-animal practitioner in Reidsville, North Carolina, and president of the Reidsville Veterinary Hospital, said during his April remarks to announce AMVA's support of U.S. Surgeon General Vivek Murthy's "Step It Up!" campaign. "I see the results of our sedentary lifestyles every day in my veterinary patients. The good news is that by making small positive changes in our daily lives — like taking the opportunity for a short walk with our pets — we can improve our health together."

It makes perfect sense that veterinarians would align their patients' goals with those of Step It Up! — the

Resources

The American Veterinary Medical Association offers several tips and precautions to consider when developing a walking regimen with your dog:

Walking with Your Pet
www.avma.org/public/PetCare/Pages/Walking-with-Your-Pet.aspx

Disease Precautions for Dog Walkers
www.avma.org/KB/Resources/Pages/disease-precautions-dog-walkers.aspx

Your Pet's Healthy Weight
www.avma.org/public/PetCare/Pages/yourpetshealthyweight.aspx

More information about the U.S. Surgeon General's Step It Up! Campaign:
www.surgeongeneral.gov/library/calls/walking-and-walkable-communities

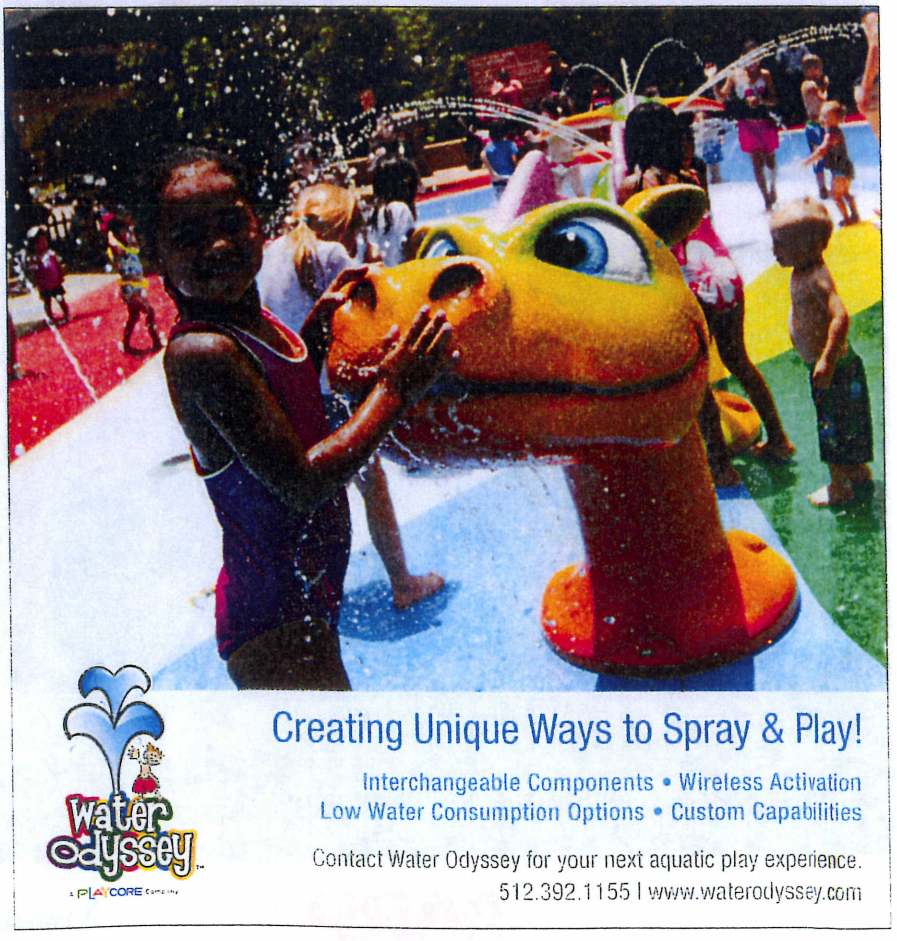
program encourages brisk walking to reduce the risk of heart disease and diabetes in people, but, when a leashed dog is added to the mix, positive health outcomes realized by human walkers naturally extend to their four-legged friends. "The AVMA is so happy to join with the National Park Service and the Surgeon General's Office in urging the public to Step It Up!" Kinnarney said. "Walking benefits the physical and mental health of people and their pets. Walking is a way to promote health and prevent disease and is accessible, cost-effective and can be customized to you and your pet."

Walking to Promote Baseline Health

It's important to remember that dogs require regular walks for a healthy life, whether or not they're battling weight problems. According to the U.S. Centers for Disease Control and Prevention, so do humans! Adults between the ages of 18 and 64 need at least 150 minutes of moderate to vigorous physical activity each week just to maintain good physical health. Compounding problems like obesity, diabetes and heart disease only underline the necessity of regular exercise for all species.

"Is there really any better way to honor your pet than to commit to a healthy lifestyle for both of you?" Kinnarney asked. To that end, AVMA has added simple guidelines and tips to its website, www.avma.org, designed to help pet owners develop an exercise regimen that works both for their dog and themselves. "Give it a try and see if you don't both feel better," Kinnarney urged.

Samantha Bartram is the Executive Editor of *Parks & Recreation* magazine (sbartram@nrpa.org).



Road Diets | A LIVABILITY FACT SHEET

Most drivers base their travel speed on what feels comfortable given the street design. The wider the road, the faster people tend to drive and, the faster the car, the more severe the injuries resulting from a crash.[1]

Research suggests that injuries from vehicle crashes rise as the width of a road increases.

To protect both pedestrians and drivers, many communities are putting their roads on "diets" by reducing street widths and vehicle lanes. The gained space is being reallocated toward other ways of getting around — such as walking, bicycling and public transit.

The most common road diet involves converting an undivided four-lane road into three vehicle lanes (one lane in each direction and a center two-way left-turn lane).[2] The remaining fourth lane space can be used to create such features as bicycle lanes, pedestrian crossing islands, bus stops, sidewalks and on-street parking.[3]

Road diets work best on streets that have daily traffic volumes of 8,000 to 20,000 vehicles. When done properly, a road diet improves the performance and efficiency of the street and makes it safer for all users.

For instance, by enabling pedestrians to cross only one lane of traffic at a time — rather than up to four or more lanes — a road diet reduces the risk of crashes and serious injuries. At the same time, motorists experience a shorter delay while waiting at traffic lights and other crossings.[4]

A road diet can help a neighborhood become a more desirable place to live, work and shop, which in turn can be a boost to businesses and property values.

Wider sidewalks lined by trees and dotted with benches, bicycle racks, streetlights and other useful additions help create a lively, attractive streetscape.

Bike lanes, on-street vehicle parking, curb extensions and "parklets" (tiny parks created from former parking spots) can be used to provide a buffer between people who are walking and motor vehicles on the move.

By enabling pedestrians to cross only one lane of traffic at a time — rather than up to four or more lanes — a road diet reduces the risk of crashes and serious injuries.

In addition to making East Boulevard in Charlotte, N.C., more attractive, a road diet reduced travel speeds, bicycle and pedestrian injury rates and the number of rear-end and left-turn collisions. Photo courtesy city of Charlotte

How To Get It Right

This four-lane road in Redondo Beach, Calif., is not pedestrian or bicycle friendly and the road's traffic volumes doesn't justify having four vehicle lanes.

A transformation like the one illustrated here increases safety, parking, pedestrian and bicyclist access and creates a people-friendly sense of place.

When advocating and planning for road diets, try the following:

■ Engage the public

Since road diets are a new concept in many communities, it's important to Involve the public as soon as possible during the discussions and planning. Doing so can minimize any anxiety about the unknowns and give residents ownership of the road diet goals.

■ Embrace a public process and build support

Develop an education and awareness campaign prior to implementation, and reach out broadly to community members, elected officials and municipal leaders. Government officials may need to see public support before acting.

Toward that end, advocates can share this fact sheet, talk to neighbors, build community support and then meet with decision makers, the media, experts and others to discuss the benefits of road diets. Agency staff can engage the public by hosting workshops to build public acceptance and understanding.

■ Start with a pilot project

Consider launching a pilot road diet in an area that has light traffic. This will give drivers a chance to get comfortable with the concept and allow municipal staff to document what works and what doesn't.

■ Target areas that are ripe for reinvestment

Locate a pilot project on a road that carries no more than 15,000 vehicles a day and that ideally serves a downtown neighborhood or historic district with potential for reinvestment and/or economic development.

■ Document the change

Before, during and after the road diet project is built, observe and record what's happening. The information can make it easier to conduct future road diets at higher traffic counts. In addition to traffic flow monitoring, document any increases in walking, bicycling, transit use and retail activity.

■ Utilize clear signage

During and even after completing a road diet project continue to use signage and markings to highlight and explain any features that might be unfamiliar.

■ Design it well

There is no one-size-fits-all design for a road diet. Make sure what you create fits the traffic volume, the road's physical location and the community's shared goals.

12. Rosales, J. Parsons Brinckerhoff (July 2009), Road Diet Handbook: Setting Trends for Livable Streets, http://www.ite.org/emodules/scriptcontent/Orders/ProductDetail.cfm?pc=LP-670; and Walkable Streets (August 2003), Economic Merits of Road Diets and Traffic Calming, http://walkablestreets.wordpress.com/2003/08/17/economic-merits-of-road-diets-and-traffic-calming/
13. Qlkable Streets (August 2003), Economic Merits of Road Diets and Traffic Calming, http://walkablestreets.wordpress.com/2003/08/17/economic-merits-of-road-diets-and-traffic-calming
14. Burden, D., Lagerway, P., Walkable Communities, Inc. (March 1999), Road Diets: Fixing the Big Roads. http://www.walkable.org/assets/downloads/roaddiets.pdf

2016 Parks, Recreation & Cultural Resources Advisory Board Meetings

Meeting Date	Meeting Type	Meeting Time	Notes
August 4, 2016	Regular	7:00 PM	
September 1, 2016	Regular	7:00 PM	
October 6, 2016	Regular	7:00 PM	
November 3, 2016	Regular	7:00 PM	
December 1, 2016	Regular	7:00 PM	